






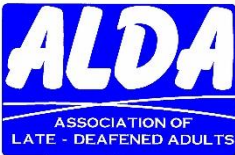





Support Group Listing for Waukesha County Residents

All medical conditions and diagnoses



AGENCY	INSTRUCTIONS/SERVICE CLARIFICATION	CONTACT
	<p>Click on "Classes & Events" and enter your "keyword" in the search engine. Choose a facility, category, and location to search for specific topics.</p>	<p>https://www.aurorahealthcare.org/</p>
	<p>Enter the words "support groups" in the search engine to get a full list of support groups tailored to different needs.</p>	<p>http://www.chw.org/</p>
	<p>Click on "find a class or event" on the bottom left of the page. Next, enter the subject in the keyword box and choose your preferences before clicking the search button at the bottom of the window.</p>	<p>https://www.froedtert.com/</p>
	<p>Click on "classes and events". Under "category", click on the drop down arrow and select "support groups". You can enter a specific keyword to search if you so choose.</p>	<p>https://www.prohealthcare.org/</p>
	<p>Click on "classes" (at the top of the page), then "Support Groups" under the categories that are listed.</p>	<p>http://www.mywheaton.org/</p>

Physical disabilities and other chronic health conditions



AGENCY	INSTRUCTION/SERVICE CLARIFICATION	CONTACT
	<p>Choose the “In Your Community” tab to find the local chapter, find certified centers and clinics, and to find a support group.</p> <p>The Care Connection program found on the ALS Association website is a community of volunteers that provide assistance for the person with ALS and his or her family, even giving the caregiver a break from their duties and focus on their own care.</p>	<p>http://www.alsa.org/</p> <p>http://www.alsawi.org/for-caregivers</p>
	<p>Click on the “Resources & Support” tab in the chapter menu and choose from the support group or caregiver support group options to find a list of groups from across the state.</p>	<p>http://www.apdaparkinson.org/community/wisconsin</p>
	<p>Wisconsin does not have its' own chapter; however there is an online only chapter for the entire Midwest.</p>	<p>Main website: https://www.alda.org/</p> <p>Direct link to ALDA, Region 2 Chapters: https://www.alda.org/chapters-groups/current-alda-chapters-groups/</p>
	<p>Click on the region of Wisconsin that you live in to get a full list of support groups.</p>	<p>http://biaw.org/support/support-groups/</p>
	<p>A list of support groups from all over the state.</p>	<p>http://www.bircofwi.org/state-wide-support-groups.html</p> <p>511 North Grand Ave Waukesha WI 53186 262-770-4882 kathy@bircofwi.org</p>
	<p>Currently there are 4 Wisconsin HLAA Chapters. The chapters determine their own meeting times. All meetings are open to anyone who interested in learning more about hearing loss, hearing aids, other assistive technology, coping strategies, etc. These chapters are organized and run by and for people who are hard of hearing.</p>	<p>Mani HLA website: http://www.hlaawi.org/</p> <p>Direct link to State Chapters: http://www.hlaawi.org/chapters.html</p>


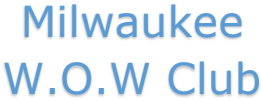
	<p>The meetings are intended to be there to provide support for our recipients, provide education to people that want to learn more about the technology (whether because they are a candidate or perhaps a family member is), and for those looking to meet others and share experiences, tips/tricks, etc.</p> <p>The community calendar allows you to search by point of interest or keyword to try to locate meetings close to home.</p>	<p>http://www.cochlear.com/wps/wcm/connect/us/home/stories-and-community/events-calendar</p> <p>Gayle Anderson, Engagement Manager is a good contact person for more information on Cochlear Americas Community Chapters. ganderson@cochlear.com, Mobile 623-695-4715.</p>
	<p>Offers one on one peer support or group peer support for people wanting the opportunity to share experiences and learn from others.</p>	<p>Tonya Villwock ILS Coordinator for Waukesha 414-226-8138</p> <p>https://www.independencefirst.org/services/peer-support</p>
	<p>Every Wednesday from 8pm to 10pm (EST)</p>	<p>www.openchatnight.com</p>
	<p>Connect with e-news, events, job announcements, and board updates.</p>	<p>www.wisdeaf.org</p>
	<p>Under the services tab, select “Support Programs”. Groups for parents of children with vision loss, family members, and adults living with vision loss are available.</p>	<p>https://vision-forward.org/</p> <p>Erica Weise 414-615-0163 for more info</p>
	<p>A list of support groups across the state for people dealing with vision loss.</p> <p>Local support group for Waukesha County on the 4th Wednesday of each month from 9:30 - 11 am with no RSVP required.</p>	<p>https://wcblind.org/low-vision-support-groups</p> <p>WCTC Room 110 327 E Broadway Waukesha, WI 53186</p> <p>Call Maria at 262-547-6670 for more information</p>
	<p>Search by mile radius and zip code to find a list of support groups and resources near you.</p>	<p>https://www.nationalmssociety.org/Re-sources-Support/Find-Support/Join-a-Local-Support-Group</p>

Veterans





AGENCY	INSTRUCTIONS/SERVICE CLARIFICATION	CONTACT
	<p>Monthly telephone education groups to help you thrive as a Caregiver.</p>	<p>VA Caregiver Support Line 1-855-260-3274 http://www.caregiver.va.gov/</p>
	<p>Your local Caregiver Support Coordinator is a licensed professional who can support you by matching you with services for which you are eligible, and providing you with valuable information about resources that can help you stay smart, strong and organized as you care for the Veteran you love.</p> <p>Under the “Health Care Services” tab on the left, choose “caregivers”.</p>	<p>5000 West National Avenue, Milwaukee, WI 53295-1000 Phone: 414-384-2000</p> <p>Caregiver support coordinator: Kevin Thomsen, MSW, CISW: 414-384-2000 X 45780 https://www.caregiver.va.gov/support/ https://www.milwaukee.va.gov/</p>



Grief

AGENCY	INSTRUCTIONS/SERVICE CLARIFICATION	AGENCY
	<p>List of support groups broken down in categories by types of grief.</p>	<p>http://www.churchandchapel.com/grief-support/support-group-directory/</p>
	<p>Free grief support for children and families dealing with issues of death, divorce, separation, incarceration, immigration, military deployment, and abandonment.</p>	<p>http://www.healingheartsofwaukesha.co.org/</p> <p>also find them on Facebook: @HHofwaukeshaco</p> <p>121 Wisconsin Ave Waukesha, WI 53186 Melissa Minkley, Program Director at info.hhwc@gmail.com or 262-751-0874 Para ayuda en español, pueden contactarse con Gabriela E. at 678-314-1815</p>


 <p>National Hospice and Palliative Care Organization CaringInfo</p>	<p>Literature on support for grieving various types of loss.</p>	<p>http://www.caringinfo.org/i4a/pages/index.cfm?pageid=3367</p>
 <p>Milwaukee W.O.W Club</p>	<p>A support group that offers friendship after losing a spouse. General activities include eating out, walking, bowling, golf, picnics, plays, and other social activities.</p> <p>The group meets the 2nd Wednesday of every month.</p>	<p>https://milwowclub.info/ Call William Vanark for more info 262-695-0960</p> <p>Moose Club 5476 S. 13th St. (13th and Grange) Milwaukee, WI</p>


Mental Health

AGENCY	INSTRUCTIONS/SERVICE CLARIFICATION	CONTACT
 <p>ROGERS MEMORIAL HOSPITAL</p>	<p>Use the “Find a Program” drop down choices and choose from services, locations, levels of care, and different age groups.</p>	<p>https://rogersbh.org/</p>
 <p>NAMI National Alliance on Mental Illness</p>	<p>Enter Wisconsin in the “Find Your Local NAMI” drop bar to get a list of NAMI affiliates by county and the NAMI state organization.</p> <p>Use the “Find Support” tab for different populations such as caregivers, teens/young adults, veterans, active duty, LGBTQ, and more. There are also discussion groups, NAMI programs, and a helpline.</p>	<p>http://www.nami.org/Find-Support/NAMI-Programs/NAMI-Connection</p> <p>NAMI Waukesha County 217 Wisconsin Ave Suite 300 Waukesha, WI 53186 262-525-8886</p> <p>Mary Madden- Executive Director Mary@namiwaukesha.org</p>
 <p>AL-ANON for families & friends of alcoholics</p>	<p>Groups, phone meetings, and online meetings available through the website after you enter your city and state.</p>	<p>http://al-anon.info/MeetingSearch/Al-AnonMeetings.aspx?language=EN</p>
 <p>WISCONSIN COUNCIL ON PROBLEM GAMBLING</p>	<p>A list of support groups across the state categorized by county.</p>	<p>http://wi-problemgamblers.org/resources/gamblers-anonymous-meetings</p>






	<p>Choose from the top two links on the page to get a list of support groups dealing with a variety of mental health topics located all across Wisconsin.</p>	<p>https://www.mhawisconsin.org/search-results.aspx?usterm=support+groups</p>
	<p>IMPACT provides a confidential helpline to call during times of personal crisis or community disaster to get help and information.</p>	<p>http://www.impactinc.org/impact-2-1-1/ Simply dial 2-1-1</p>

Intellectual Developmental Disability (IDD)

AGENCY	INSTRUCTIONS/SERVICE CLARIFICATION	CONTACT
	<p>Offers one of a kind programs that make a difference for everyone in our communities such as camps and other activities.</p>	<p>http://archchangeslives.org/ 419 Frederick Street Waukesha, WI 53186 262-542-9811</p>
	<p>Click the “Support” tab at the top of the page and then select “Support Groups” for a listing of groups near you.</p>	<p>http://www.navigatingautism.org</p>
	<p>Under “Our Programs”, choose “support group” or “individual”.</p>	<p>https://www.asew.org/</p>
	<p>BESTBUDDIES® builds one-to-one friendships between people with and without intellectual and developmental disabilities (IDD), through school and community friendship programs that provide socialization opportunities to help erase the invisible line that often separates students or adults with and without IDD. Friendship programs include Best Buddies Middle Schools, High Schools, Colleges, Citizens, and e-Buddies.</p>	<p>http://bestbuddies.org/wisconsin/</p>


 <p>dsaw Down Syndrome Association of Wisconsin, Inc. awareness • acceptance • assistance</p>	<p>Within the first paragraph click on “core programs & services” or you can also search “resources by county” under the resources tab at the top of the page.</p>	<p>https://www.dsaw.org/greater-milwaukee-area</p>
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Dementia or Other Cognitive Impairment

AGENCY	INSTRUCTIONS/SERVICE CLARIFICATION	CONTACT
 <p>alzheimer's association</p>	<p>Click on “Local Resources” on the sidebar to access a current list of support groups, educational programs, online message board and chat rooms.</p> <p>The Alzheimer's Association message boards and chat rooms provide a virtual online community for persons with Alzheimer's, caregivers and care providers. Our message boards have thousands of registered members from around the United States and thousands more who refer to the stories and information that is available 24 hours a day.</p>	<p>http://www.alz.org/sewi/</p>
 <p>alz connected</p>	<p>A free online community for everyone affected by Alzheimer's or another dementia including caregivers, friends, people with the disease.</p>	<p>https://www.alzconnected.org/</p>
 <p>Alzheimer's Speaks</p>	<p>Online resource including a blog, radio sessions, educational webinars, opportunities to build dementia friendly communities.</p>	<p>http://www.alzheimersspeaks.com/</p>
 <p>Dementia-Capable WISCONSIN</p>	<p>Online resource with information that can answer questions and provide suggestions on how to respond to the most common symptoms of memory loss and dementia.</p>	<p>http://www.dhs.wisconsin.gov/dementia/families.htm</p>
 <p>AFTD The Association for Frontotemporal Degeneration FIND HELP-SHARE HOPE</p>	<p>Several options are available including face-to-face, telephone, and online support. All are set in place to help patients and caregivers not have to go through the disease alone.</p>	<p>https://www.theaftd.org/</p> <p>Help line: 1-866-507-7222 or contact info@theaftd.org</p>

Caregiver Support Services

AGENCY	INSTRUCTIONS/SERVICE CLARIFICATION	CONTACT
	<p>An intergenerational program of supportive activities for the caregiver and care partner to do together with school age children and other volunteers. Held 8 times per year on the first Thursday of the month from 11am to 2pm. Lunch is provided and donations are requested.</p>	<p>Call Waukesha County Aging and Disability Resource Center and ask for Michelle Bertram: 262-548-7848</p>
	<p>A website for older adults in Wisconsin to connect with other older adults, learn about local resources, and get support about caregiving.</p>	<p>Created by the University of Wisconsin- Madison Center for Health Enhancement Systems Studies</p> <p>For more information go to: Eldertreewisconsin.com Or call Scott Gatzke 1-800-361-5481</p>
	<p>A monthly support group for all caregivers focusing on various topics that meets the 2nd Thursday of every month, from 3 to 4:30 pm.</p>	<p>Menomonee Falls Community Center, Rm 106 W152 N8645 Margaret Rd Menomonee Falls, WI 53051</p> <p>No Registration required, but if you have questions please call Lori Oertel 262-255-8469</p>
 <p>Sussex Support Group for Caregivers</p>	<p>A monthly support group for all caregivers focusing on various topics. Meets the 4th Monday of each month from 12:45 to 1:45 pm.</p>	<p>Sussex Civic Center N64W23760 Main St Sussex, WI 53089</p> <p>No Registration Required. For more information, call Jean Horner at 262-246-5200</p>
	<p>Wisconsin's caregiver support site with many tools and resources to help ease the life of a caregiver.</p>	<p>http://www.wisconsin caregiver.org/</p>
	<p>The ADRC offers caregiver support that can help you in your caregiving role. Based on available funding, support may include emergency alert monitoring systems, medication management, home delivered meals, temporary respite care, and more.</p>	<p>514 Riverview Ave Waukesha, WI 53188</p> <p>http://waukeshacounty.gov/adrc</p> <p>262-548-7848</p>
	<p>A group that meets on the 3rd Wednesday of every month from 4:30-5:30 pm in Menomonee Falls that allows caregivers to meet with other caregivers and create a support system.</p>	<p>https://heritagesenior.com/menomonee-falls/event/caregiver-support-group/all/</p>

	<p>Free telephone learning sessions that connects caregivers and family members. Professional facilitators and experts host sessions over the phone. Caregivers have the opportunity to share with others in their situation during the sessions.</p> <p>A calendar of session dates and time are available online.</p>	<p>http://www.caregiverteleconnection.org or call 866-390-6491 to register (24 hours in advance of the session)</p>
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If you did not find what you were looking for or for other local support group information, call 262-548-7848.